

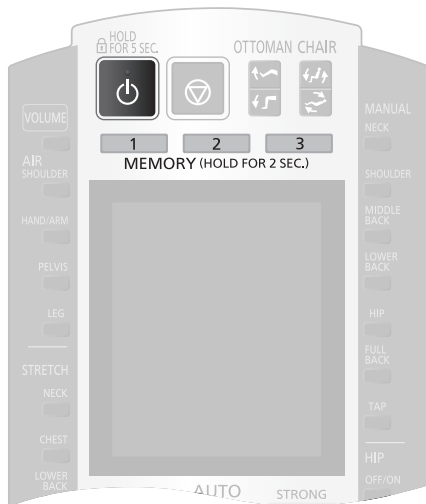
# Memory Course

Up to 3 memory courses can be saved.

Refer to “Saving a Auto Course with My Own Favorite Settings” (Page EN31) and “Creating Your Own Course” (Page EN33) to see how to save a memory course.

## Saving a Auto Course with My Own Favorite Settings

Memory settings that can be saved (Pages EN36 – EN39)



### Caution

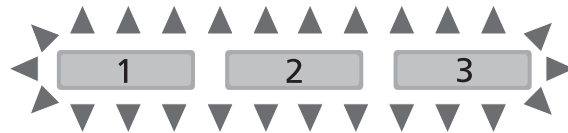
The setting will not be saved if you turn OFF the power switch of the main unit or pull out the power cord during a massage.


### To save during a auto course

Press the MEMORY buttons for 2 seconds during an operation to save a favorite setting.  
The saved MEMORY button will light up then.


### To save at the end of a auto course

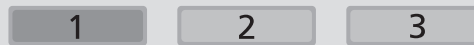
① At the end of the auto course, favorite settings (Pages EN36 – EN39) is displayed and the MEMORY button flashes.



- Saving is also possible when you press  to end the massage mid-way through a course.
- Saving is also possible during a stowing action.

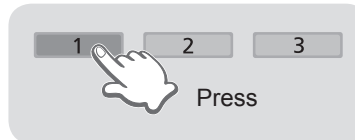
② Select and press the button of the course in which you want to save your favorite setting for 2 seconds while the buttons are flashing (flashing lasts for about 25 seconds).

- Selected button will light. (Example:  )

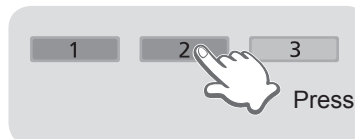


- If another setting has already been saved, the message “Another course has been saved” appears and the button starts to flash rapidly.

- To update the contents of a new setting, press the same button again.



- If you do not want to delete the setting already saved, press other MEMORY button.



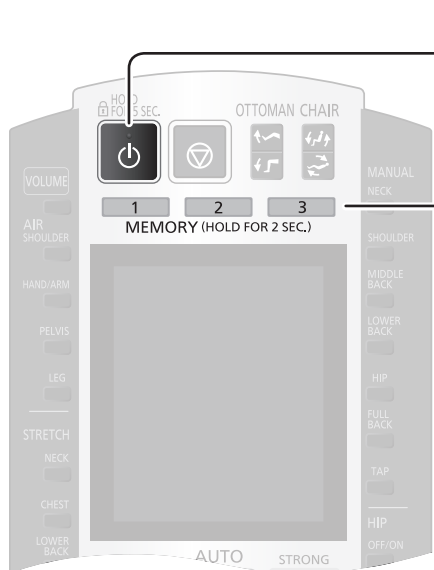
③ At the end of the stowage operation, the power will be turned off approx. after 5 seconds.

Air stretching and sole massage  
Memory Course

► Continued on the next page **EN31**

# Memory Course (Continued)


## To start the saved program



**1** Press  to turn on the power.

(When the unit has not been operated for more than 3 minutes, the display automatically disappears.)  
 ● The saved MEMORY button will flash.

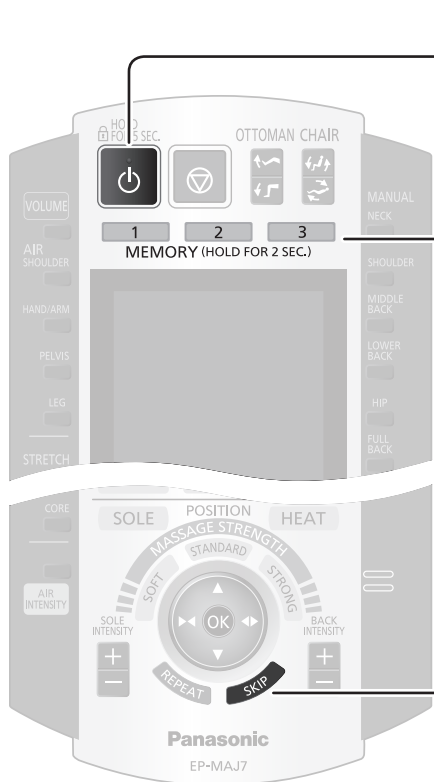
**2** Select one of the MEMORY buttons with a saved course.

● Saved MEMORY button will light. (Example: )




After body scanning, massage with saved settings will start.

## To delete the saved settings




**1** Press  to turn on the power.

**2** While pressing and holding the , press the MEMORY button that you want to delete for about 2 seconds.

● The MEMORY button will start to flash rapidly.

**3** Press the same MEMORY button one more time while the MEMORY button is flashing (flashing lasts for about 12 seconds).

The contents in the memory course will be deleted.

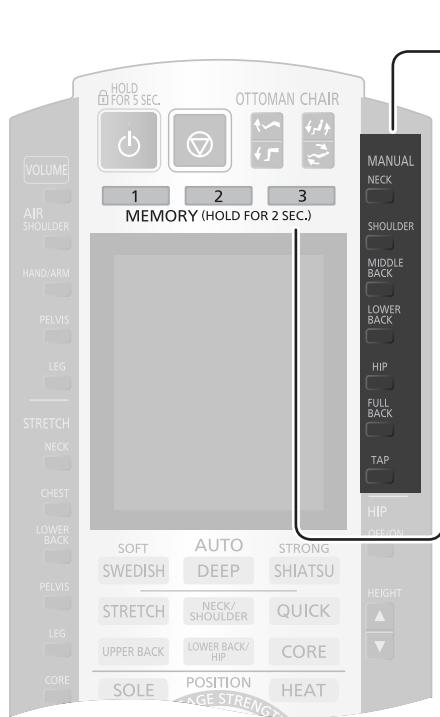
●  will flash rapidly and then go off.

## Creating Your Own Course

You can create your own course by saving manual action and stretch action in sequence in one of the memory courses. Air action can also be saved simultaneously together with manual action.

Favorite settings that can be saved (Pages EN36 – EN39)

### How to save a manual action



#### 1 Select and activate manual action.

- Adjust the setting to suit your preference.

#### 2 Select the MEMORY button you want to save and press it for about 2 seconds.

The action currently in operation and the settings will be saved.

- The **MEMORY** button will flash, the **MANUAL** button will light up and the selected button will light up.
- The saved sequence will be displayed in **No. [ ]**.

#### 3 Select and activate the manual action that you want to save next.

The saved action will be interrupted and the selected action will start.

- The flashing of **MEMORY** button will change and the button will flash.
- Adjust the setting to suit your preference.

#### 4 Press the same MEMORY button for about 2 seconds.

The action currently in operation and the settings will be saved.

- The saved sequence will be displayed in **No. [ ]**.
- The newly saved action will be inserted after the interrupted action.
- The saved actions will start in sequence at intervals of about 1 minute. (The FULL BACK ROLL time is different).

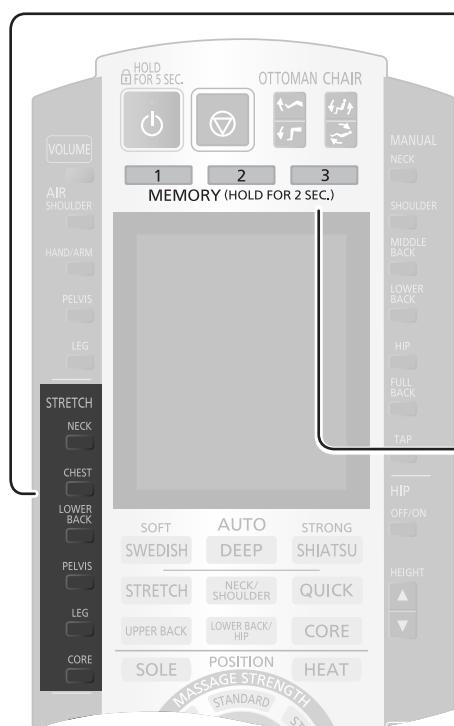
#### 5 Repeat steps 3 - 4.

- Maximum 16 types can be saved.

You can freely combine a manual action with a stretch action!!

# Memory Course (Continued)

## How to save a stretch action



### 1 Select and activate the stretch action.

If you want to save several actions at the same time, select and activate all the stretch actions that you want to save.

- Adjust the setting to suit your preference.
- When several actions are saved at the same time, the actions are saved in sequence starting from the one on top.  
“NECK” → “CHEST” → “LOWER BACK” → “PELVIS” → “LEG” → “CORE”

### 2 Select the MEMORY button you want to save and press it for about 2 seconds.

The action currently in operation and the settings will be saved.

- The **MEMORY** button will flash, the **MANUAL** button will light up and the selected button will light up.
- The saved sequence will be displayed in **No. [ ]**.

You can freely combine a manual action with a stretch action!!

### 3 Select and activate the next stretch action that you want to save.

The saved action will be interrupted and the selected action will start.

- The flashing of **MEMORY** button will change and the button will flash.
- Adjust the setting to suit your preference.

### 4 Press the same MEMORY button for about 2 seconds.

The action currently in operation and the settings will be saved.

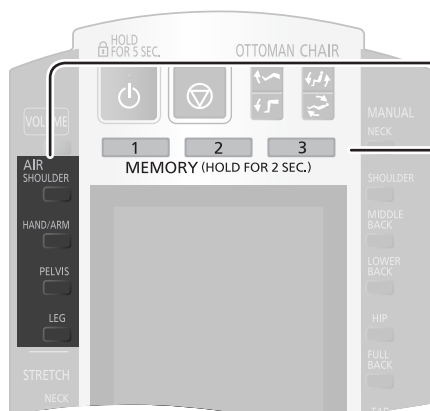
- The saved sequence will be displayed in **No. [ ]**.
- The newly saved action will be inserted after the interrupted action.
- The saved actions will activate in sequence one at a time.

### 5 Repeat steps 3 - 4.

- Maximum 16 types can be saved.

## How to save an air action setting

An air action setting can be saved in combination with a manual action.  
If you want to save the setting with an air action, perform the following steps after saving the air action in the memory course.



### 1 Select and activate the air action.

- Adjust the setting to suit your preference.

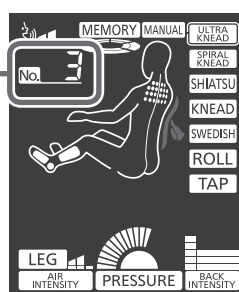
### 2 Press the same MEMORY button for about 2 seconds.

- Saving is not possible when only air action is in operation. Please save the air action in combination with a manual action.
- The saved air action will be activated together with the manual action.

## To start the saved program (Page EN32)

### ■ Display example among the memory courses

Displays the saved order



## <Possible Actions>

- Adding another action.
- Press **REPEAT** to extend the massage action currently in operation.
- Press **SKIP** to delete the massage action currently in operation.
- Adjusting the intensity of each action and hardness of the massage strength etc.

## If you want to incorporate the above-mentioned settings into the next massage ...

- ① Press the button to activate the manual action that you want to add or adjust.
- ② Press the **MEMORY** button for 2 seconds during selection.  
(The newly saved action will be inserted after the interrupted action.)

## If you want to erase the contents saved in a memory course (Page EN32)

# Adjusting the intensity

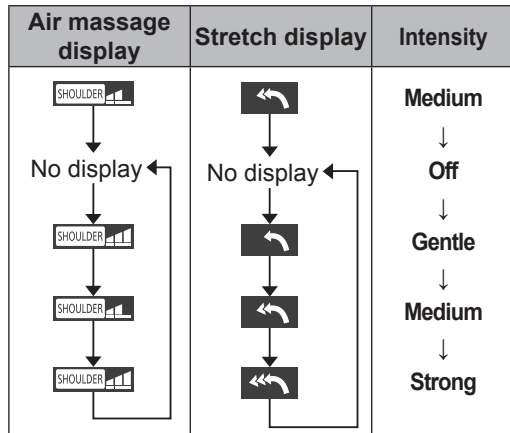
Depending on the setting, a course may terminate mid-way due to the timer function.

Adjustment function	Buttons used	Must be adjustable
<b>AIR MESSAGE selection OFF/ON</b>		<p>The selected air massage and stretch action can be adjusted individually in 3 levels and turned OFF/ON.</p> <ul style="list-style-type: none"> <li>You can check the intensity level and OFF/ON status in the display. (Lit: ON, Unlit: OFF)</li> </ul>
<b>STRETCH selection OFF/ON</b>		<p>The selected air massage and stretch action can be adjusted individually in 3 levels and turned OFF/ON.</p> <ul style="list-style-type: none"> <li>You can check the intensity level and OFF/ON status in the display. (Lit: ON, Unlit: OFF)</li> </ul>
<b>Air massage intensity</b>		<p>The intensity of all selected air massages and stretch actions can be adjusted in 3 levels.</p> <ul style="list-style-type: none"> <li>You can check the intensity level in the display.</li> </ul>
<b>“Sole roller” intensity adjustment</b>		<p>The intensity of the sole roller massage can be adjusted in 3 levels.</p> <ul style="list-style-type: none"> <li>You can check the intensity level in the display.</li> </ul>
<b>“Sole roller” OFF/ON</b>		<p>The “Sole roller” action can be turned OFF/ON.</p> <ul style="list-style-type: none"> <li>You can check the OFF/ON status in the display.</li> </ul>
<b>“HEAT” OFF/ON</b>		<p>The “HEAT” can be turned OFF/ON.</p> <ul style="list-style-type: none"> <li>The temperature cannot be adjusted.</li> <li>You can check the OFF/ON status in the display.</li> </ul>
<b>HIP OFF/ON</b>		<p>The “HIP” action can be turned OFF/ON.</p> <ul style="list-style-type: none"> <li>You can check the OFF/ON status in the display.</li> </ul>
<b>HIP height adjustment</b>		<p>The “HEIGHT” during a “HIP” action can be adjusted.</p> <ul style="list-style-type: none"> <li>You can check the adjustment in the display.</li> </ul>



Items that have this mark can be saved and used with your favorite settings. (Page EN31)

Example) Every time you press the air <sup>AIR</sup> <sup>SHOULDER</sup> and stretch <sup>CHEST</sup>, the setting can be adjusted and turned OFF/ON in the following order.



	Auto course	Manual action	Air action*	Stretch action								
				—								
		—	—									
		—										
<table border="1"> <thead> <tr> <th>Intensity</th> <th>Gentle</th> <th>Medium</th> <th>Strong</th> </tr> </thead> <tbody> <tr> <td>Sole roller intensity display</td> <td></td> <td></td> <td></td> </tr> </tbody> </table>	Intensity	Gentle	Medium	Strong	Sole roller intensity display					—		—
Intensity	Gentle	Medium	Strong									
Sole roller intensity display												
Lit: "Sole roller" action ON Unlit: "Sole roller" action OFF ● Button also turns off.				—								
Lit: "HEAT" ON Unlit: "HEAT" OFF ● Button also turns off.			—									
Lit: "HIP" action ON Unlit: "HIP" action OFF		—	—	—								
Display... Lit: Adjustable Flashing: Air is being supplied or discharged Unlit: Non-adjustable			—	—								

Adjusting the intensity








\* Air action includes "Sole roller" action.

When saving a manual action in a memory course, the air action setting can also be saved in the memory course.

▶ Continued on the next page **EN37**

# Adjusting the intensity (Continued)

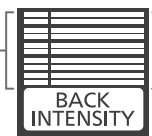














Depending on the setting, a course may terminate mid-way due to the timer function.

Adjustment function	Buttons used	Must be adjustable
<p><b>Back massage intensity adjustment</b></p>	<p>BACK INTENSITY</p> 	<p>The back massage intensity can be adjusted.</p> <ul style="list-style-type: none"> <li>You can check the area that is currently being massaged in the display.</li> <li>The intensity adjustment differs according to the course and action.           <ul style="list-style-type: none"> <li>Auto course } 5 levels (back massage intensity scale 2, Stretch action } 4, 6, 8, 10)</li> <li>Manual action } up to 10 levels (the level depends on the action)</li> </ul> </li> <li>See page EN49 if the intensity is still insufficient even when set to the highest level, or if the intensity is too strong even when set to the lowest level.</li> <li>The "BACK INTENSITY" cannot be adjusted when the action is being switched.</li> </ul>
<p><b>Massage head position adjustment</b></p>		<p>The position of the massage head can be adjusted vertically and horizontally.</p> <p>If you want to adjust the position of the massage heads that are currently performing a massage, please adjust by pushing the POSITION button.</p> <ul style="list-style-type: none"> <li>In the case of a auto course, each adjustment can be made up to 3 times.</li> <li>In the case of a manual action, when you press and hold the up or down button, the position will continue moving until you release your finger.</li> </ul>
<p><b>Massage strength select</b></p>		<p>You can detect the back massage pressure, and intensify or soften the massage strength.</p> <ul style="list-style-type: none"> <li>The massage strength of each auto course has been set to the recommended intensity.           <ul style="list-style-type: none"> <li>Swedish: Soft</li> <li>Deep, Shiatsu, Quick: Strong</li> <li>Stretch, Neck/Shoulder, Upper back, Lower Back/Hip, Core: Standard</li> </ul> </li> </ul> <p>Adjust the setting to suit your preference.</p> <hr/> <p>Back massage pressure display ..... Displays the back pressure acting on the upper massage heads.</p> 
<p><b>Tap</b></p>	<p>TAP</p> 	<p>Tapping can be added to an action.</p> <ul style="list-style-type: none"> <li>Tapping cannot be turned OFF/ON when massaging with only a tapping action.</li> </ul>
<p><b>Repeat</b></p>		<p>The massage action that is currently in operation can be repeated.</p> <ul style="list-style-type: none"> <li>"REPEAT" may not be valid when the action is being switched.</li> <li>REPEAT will flash when an action is being repeated.</li> </ul>
<p><b>Skip</b></p>		<p>Skips the massage action that is currently in operation and goes to the next action.</p> <ul style="list-style-type: none"> <li>"SKIP" may not be valid when the action is being switched.</li> </ul>





Items that have this mark can be saved and used with your favorite settings. (Page EN31)

	Auto course	Manual action	Air action	Stretch action
<p>&lt;Back massage intensity display&gt;</p> <p>Adjustable level  Current back massage intensity</p> <p>BACK INTENSITY</p>	 5 levels of intensity adjustment	 Maximum 5 levels of intensity adjustment (the level differs according to the action)	—	 5 levels of back massage intensity adjustment in stretch action
<ul style="list-style-type: none"> <li>Depending on the location, adjustment may not be possible.</li> </ul>			—	
<ul style="list-style-type: none"> <li>There is no difference between massage strength for treatments on the “NECK” and “HIP” using a single “TAP” action.</li> </ul> <hr/> <ul style="list-style-type: none"> <li>Depending on the action, the indication in the display may not match the actual sensation.</li> <li>Treatments using a single “TAP” action on the “NECK” and “HIP” areas are not displayed.</li> </ul>	 Adjusting the overall massage strength of a course	 Adjusting the massage strength during an action	—	 Adjusting the massage strength on the back currently in action
	—		—	—
		—	—	 (Only for Auto course)
<ul style="list-style-type: none"> <li>Upon pressing the “SKIP” button, <span style="border: 1px solid black; padding: 2px;">SKIP</span> will flash for about 5 seconds and then the next action will be displayed.</li> </ul>		—	—	 (Only for Auto course)

Adjusting the intensity

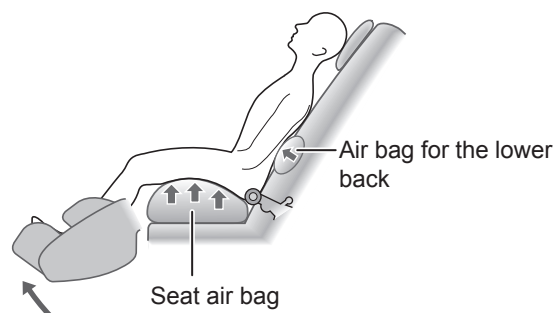
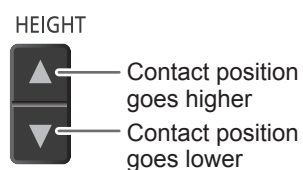
# Adjusting the intensity (Continued)

## Hip massage

During a hip massage, the seat air bag will lift up your hip and the massage heads will go round your hip to massage. In addition, by supporting your lower back with the lower back air bag to raise your hip, the massage heads will be able to reach the muscles of your hip more effectively.

- The legrest will go up until the top.
- When your hip are lifted up, your hands and legs may go out of position.
- Adjust the bulge of the seat air bag with the “HIP height control button” to adjust the contact positions of the massage heads with the hip.

<Contact Level of the Massage Heads>

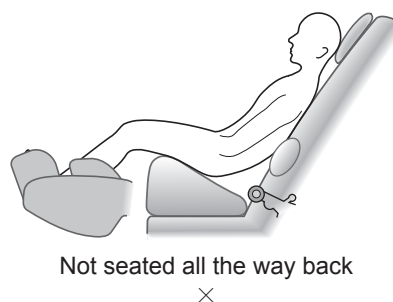
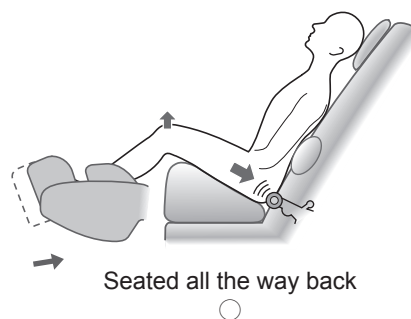


### How to use the “Hip massage” skillfully

There is a bulging area in the center of the seat to make sure you sit all the way back.

**Sit back all the way** with your hip in contact with the backrest.

- The massage heads will not reach the hip adequately if you do not sit all the way back.
- If you retract the slide of the sole massage section and **bend your knees**, the contact of the massage heads will feel stronger.
- When massaging the hip, an air massage will not be carried out at the same time.
- Lower the backrest a little if your arms feel tight when your hip are lifted up.



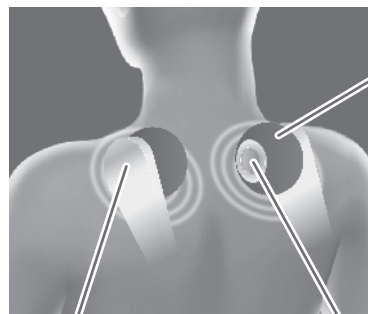
## “HEAT”

The warm section in the “Heat” massage heads will warm up the fabric of the massage areas.

- Heat function cannot be used alone.
- Sense of warmth differs depending on the room temperature, clothing, body shape, action, position, and course; this is not a malfunction.

### ■ To turn OFF each time

Register “HEAT” as OFF in the memory.  
(Page EN31)



“Heat” massage heads rubber section

“Heat” massage heads warm section

“Heat” massage heads warm section

## Timer function

Automatically stops at maximum 19 minutes\* from the start of the massage.

\* Timer function time setting differs depending on the course.


- Auto courses “SWEDISH”, “DEEP”, “SHIATSU” ... about 19 minutes
- Auto courses “STRETCH”, “NECK/SHOULDER”, “UPPER BACK”, “LOWER BACK/HIP”, “CORE” ... about 16 minutes
- Auto course “QUICK” ... about 10 minutes
- Manual action, air action, stretch action... about 16 minutes

### After the timer has finished,

- The legrest will lower so you can stand up safely.

If you have extended the sole massage section slide, it may hit the floor and not stow completely.  
Raise your legs to retract all the way.

- Backrest does not rise automatically.
- The massage heads move to their retracted positions.

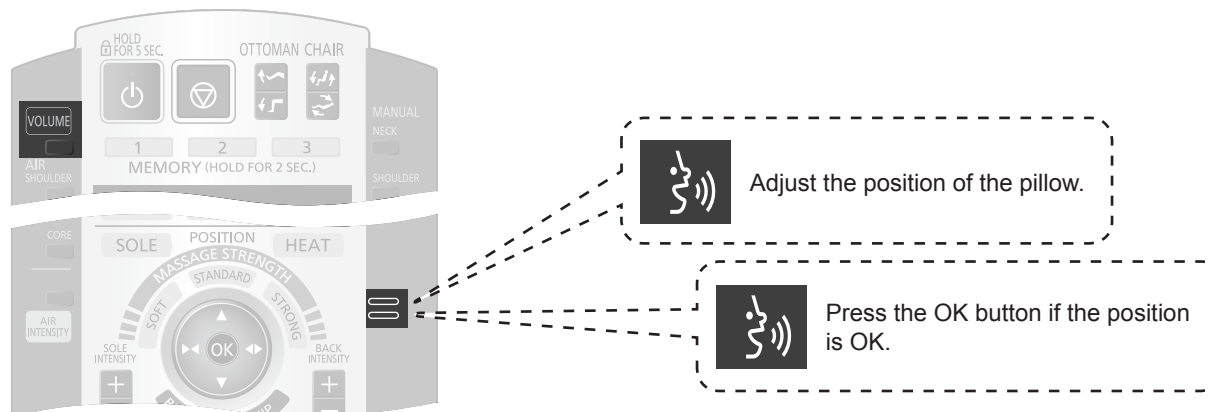
Press  twice and the backrest will rise.



## Adjusting the intensity (Continued)

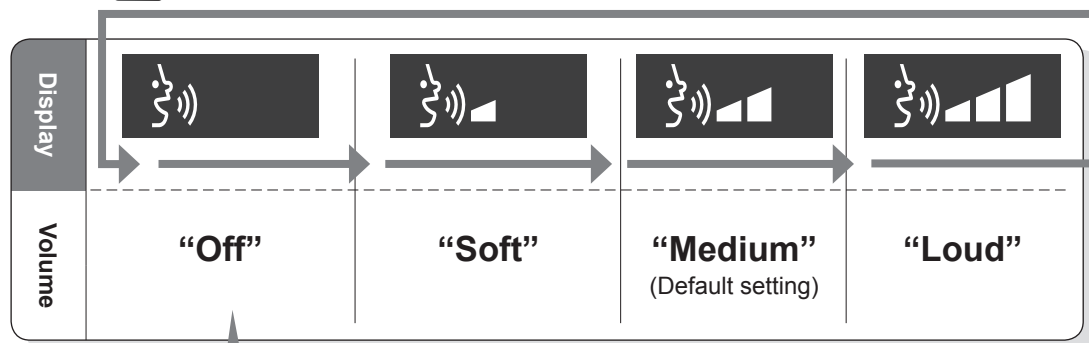
### Voice guidance function

This is a function which briefly explains the operation procedures and contents of the action.



### Adjusting the volume

Press **VOLUME** to adjust (volume raises/lowers with each press).



The operation sound (beep) and the limit sound (beep-beep-beep) will be turned off.

MEMORY

● Use to register the current volume to the memory course. (Page EN31)

### For adjusting the reclining angle and legrest

OTTOMAN CHAIR

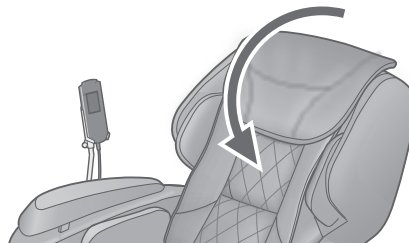
Press to adjust.

- When holding down the adjustment buttons, chair adjustment will continue until you hear the limit sound (beep-beep-beep).
- There may be a slight delay before the legrest starts moving.
- Armrests will move in conjunction with the reclining of the backrest.


# After completing the massage

## Return your chair to normal status

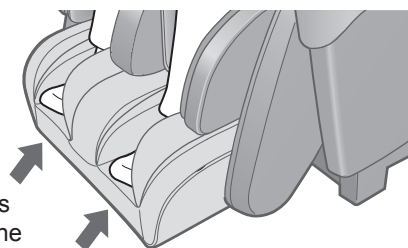
Attach the comfort cushion to the backrest.



## To exit in the middle of a massage

Fully return the sole massage section to the original position and then press .

- The massage head will return to stowed position even with the legrest down and the backrest up.



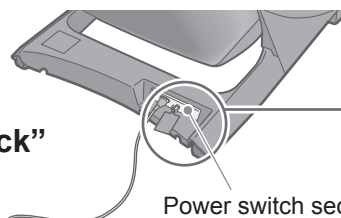
Lift your soles slightly and the sole massage section returns.

Adjusting the intensity  
After completing the massage

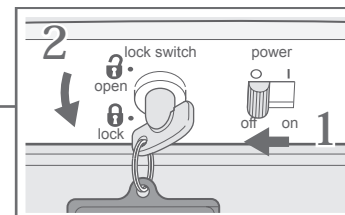
## Turn the power off

**1** Slide the power switch to the “off” position.

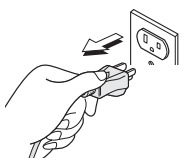
**2** Turn the lock switch key to the “lock” position and remove it.



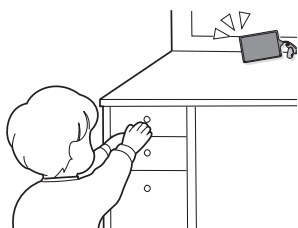
Power switch section



**3** Remove the power plug from the electrical outlet.



**4** The lock switch key must be stored out of the reach of children.



## WARNING

- After each massage, slide the power switch on the backside of unit body to the “off” position, turn the lock switch to the “lock” position and then remove the lock switch key and power plug.

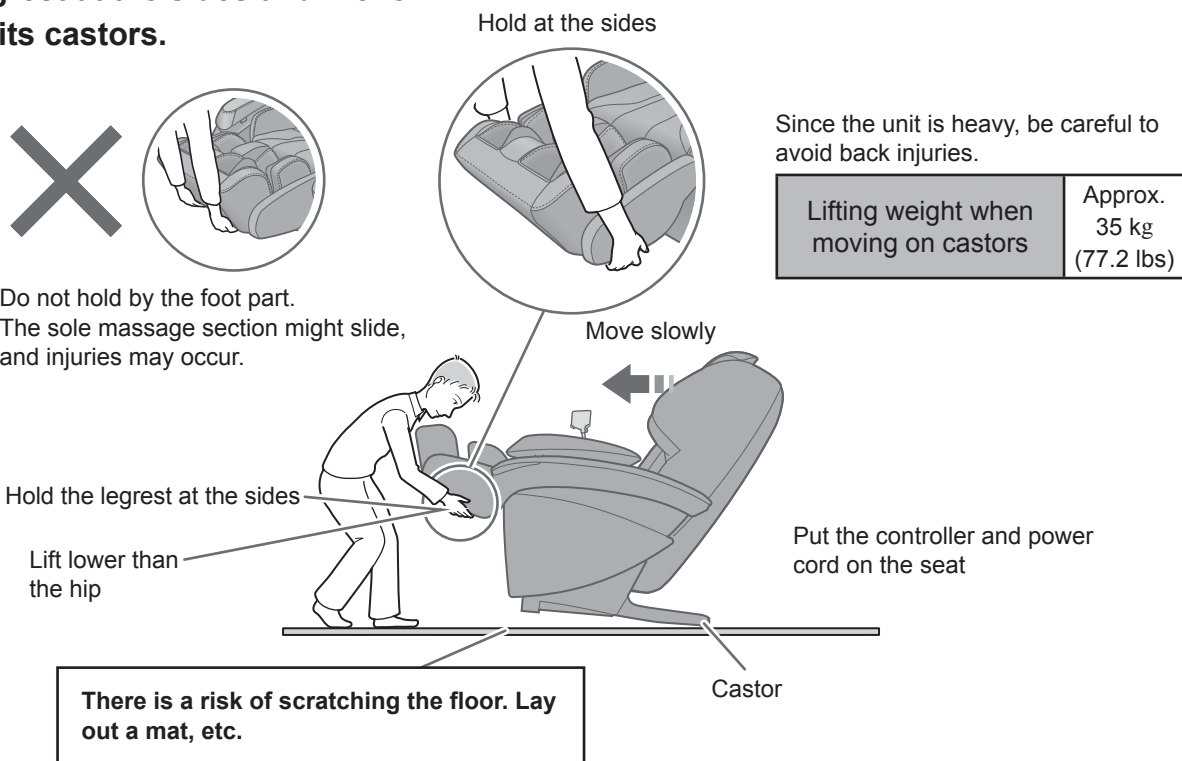
# Moving the unit

Requires at least 2 persons to lift and move

Lift and move with one person holding the sides of the legrest and one person holding the backrest cover groove. (Page EN12)

## Moving the unit on its castors

Hold the legrest at the sides and move the unit on its castors.



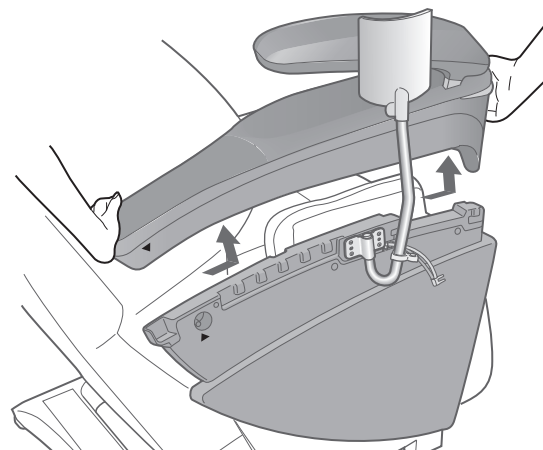
### ■ When you lower the unit

- Put the unit down slowly and watch your step carefully.
- Hold the legrest with your hands until it has been set on the floor completely. If you release the legrest too soon, it will spring back to the initial position.

### ■ Detaching the armrest

Detaching the armrest makes it easier to move.

- ① Remove the air plug (Page EN15 Step 3).
- ② Remove the attachment screws (Page EN14 Step 2-③).
- ③ Slide armrests to the front and raise with both hands.



# Cleaning and maintenance

## Synthetic leather part

### Wipe with a soft and dry cloth

- Never use chemicals such as thinner, benzene, alcohol, etc.
- When using commercially available leather-care products (chemical cloth), please follow their instructions.
- If dirty, please wipe using the following procedure.

① Soak a soft cloth in water or a 3% - 5% solution of neutral kitchen detergent with warm water and squeeze well.



② Briskly rub the surfaces.

③ Finally, rinse the cloth in water and wring it out, then wipe off all the detergent.



④ Wipe with a soft, dry cloth.

⑤ Allow the unit to dry naturally.



- For hard-to-clean soiling, wipe with the same neutral kitchen detergent solution, etc. but using a commercially available "sponge of melamine foam material".
- Do not rapidly dry off with a dryer, etc.
- Since color may transfer from clothing to the synthetic leather part, **be careful when using the unit with clothing such as jeans or colored clothes.**
- Please avoid long time contact with plastic products, etc., as they could cause discoloration. If you use hair dressing, please spread a towel on the parts they may touch.

## Fabric part

① Soak a soft cloth in water or a 3% - 5% solution of neutral kitchen detergent with warm water and squeeze well.

- Never use chemicals such as thinner, benzene, alcohol, etc.

② Use water or a neutral kitchen detergent and brush on areas where the seat fabric is particularly soiled.

- Be careful not to brush the fabric too much to avoid damage.



③ Finally, rinse the cloth in water and wring it out, then wipe off all the detergent.



④ Allow the unit to dry naturally.

- Since color may transfer from clothing to the seat fabric, be careful when using the unit with clothing such as jeans or colored clothes.

## Plastic area

① Soak a soft cloth in water or a 3% - 5% solution of neutral kitchen detergent with warm water and squeeze well.



- Never use chemicals such as thinner, benzene, alcohol, etc.

② Finally, rinse the cloth in water and wring it out, then wipe off all the detergent.



- Make sure to wring tightly before wiping the controller.

③ Allow the unit to dry naturally.

