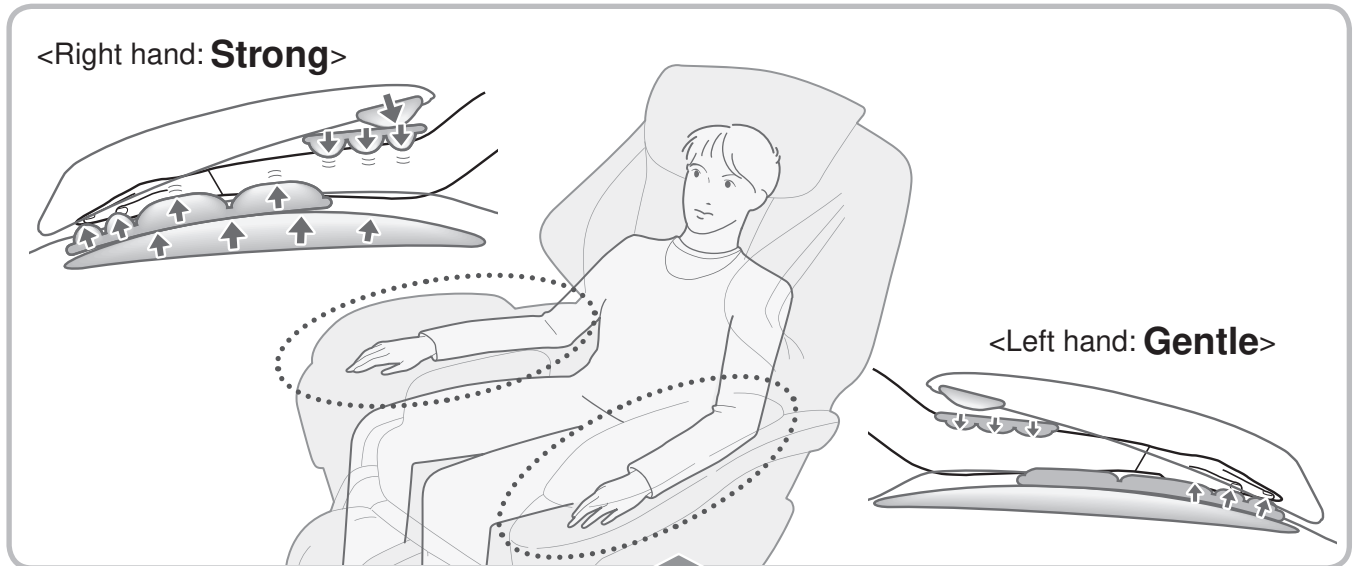


To perform air massage for shoulder / hand/arm / lower back / leg/ foot, or stretch for neck / chest / hip / leg (Continued)

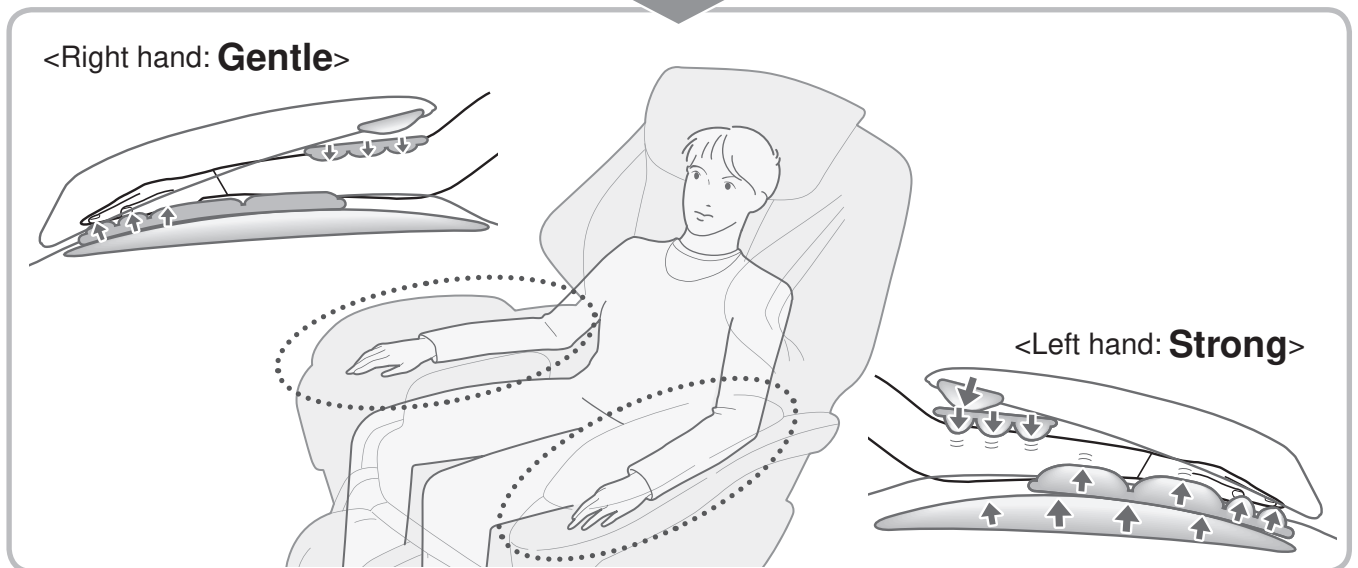
## Operation of the HAND / ARM (Ultra knead on palms) massage

**Palms to arms** : The two large and small airbags work together to firmly massage your palms.

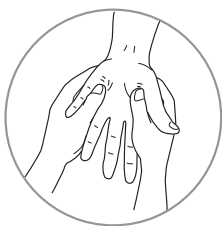
- The arm massage simultaneously massages the left and right hands, with a different intensity for either hand. (Only one hand at a time is strongly massaged so that the massage can be immediately stopped in the event of an abnormality or danger.)



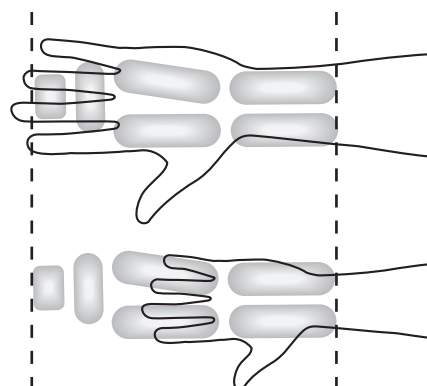
Alternates



Adjust the position according to arm length.



Ultra knead on palms



Long arms

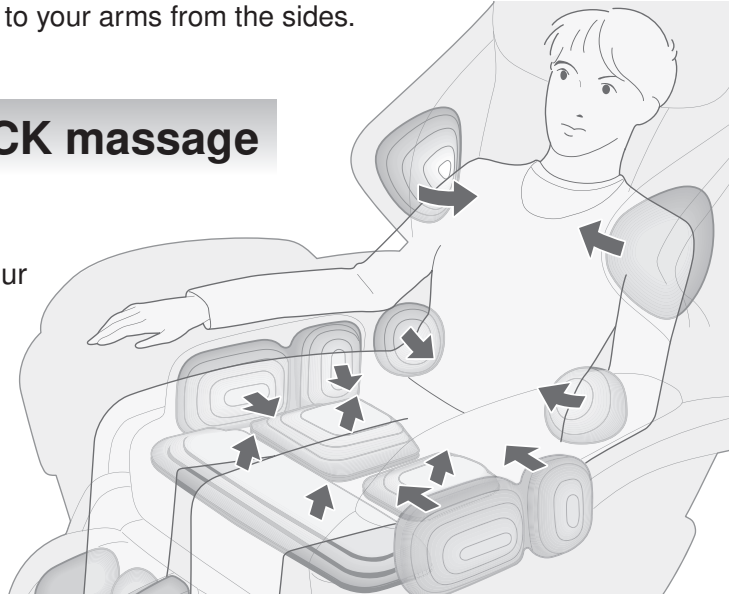
Short arms

## Operation of the SHOULDER massage

Pressure is applied to clamp from your shoulders to your arms from the sides.

## Operation of the LOWER BACK massage

Pressure is applied to clamp your lower back through tights from the sides.  
The 3 airbags in the seat gives stimulation to your posterior through hamstring.

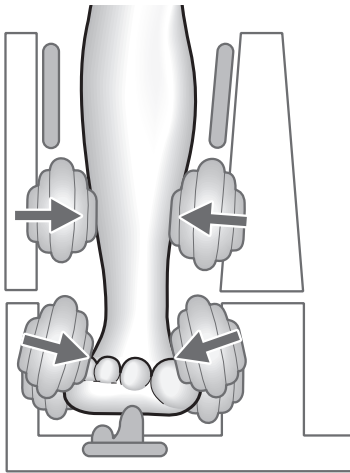


## Operation of the SOLE (Ultra knead on soles) and LEG / FOOT massage

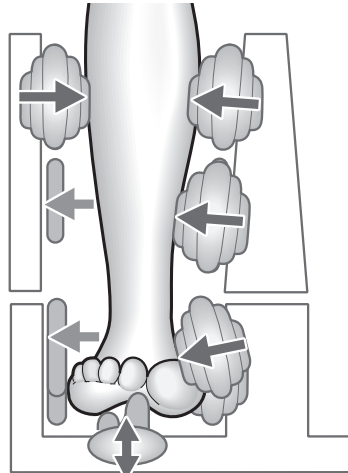
**Sole** : Example below.

- Place your feet so that the arch of your feet are touching the shiatsu points.

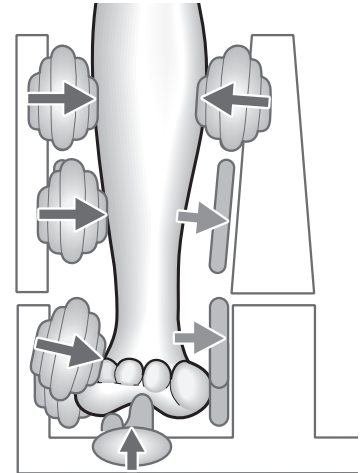
Ultra knead on soles



Press soles down from above so that they are enclosed.

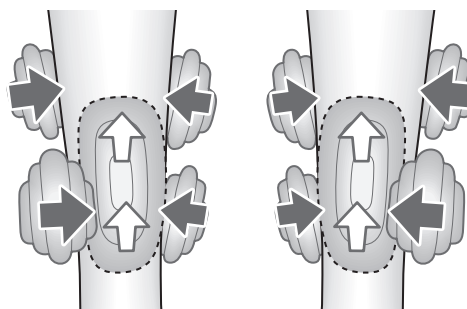


The sole airbags inflate from below and the points press the sole. The left and right airbags inflate alternately.



The sole is moved from side to side and firmly massaged.

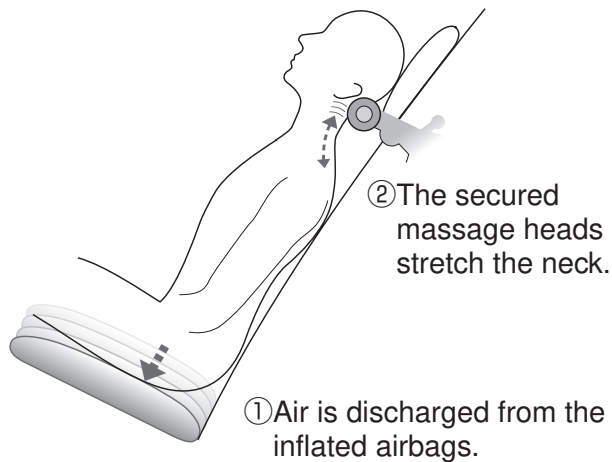
**Leg** : Calves will be compressed by pressing against from both sides.



# To perform air massage for shoulder / hand/arm / lower back / leg/ foot, or stretch for neck / chest / hip / leg (Continued)

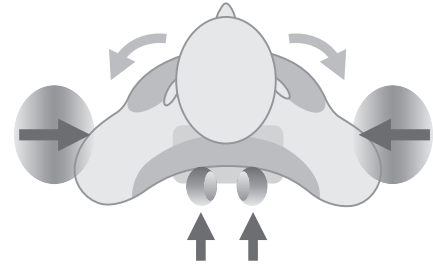
## Operation of the NECK stretch

The massage heads secure the neck and the base of the head while air is slowly discharged from the inflated backrest airbags to extend the neck muscles.



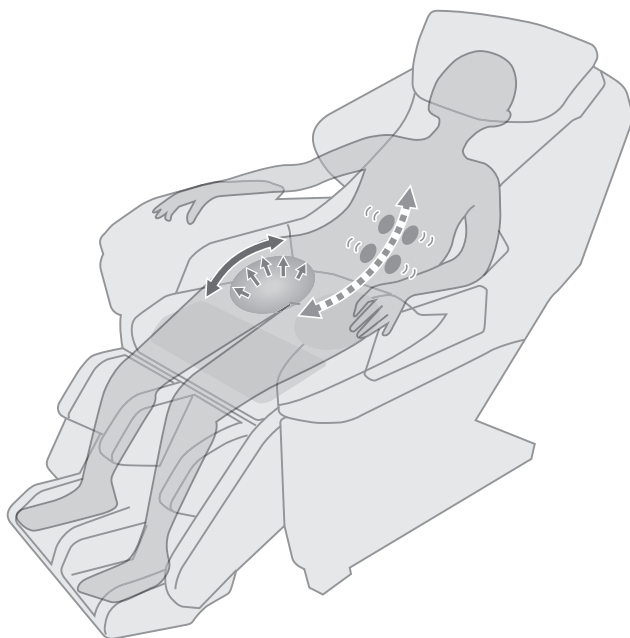
## Operation of the CHEST stretch

Muscles in the region from your shoulder blades to your chest are stretched by holding your shoulders with the shoulder side massage section and pressing your back with the massage heads.



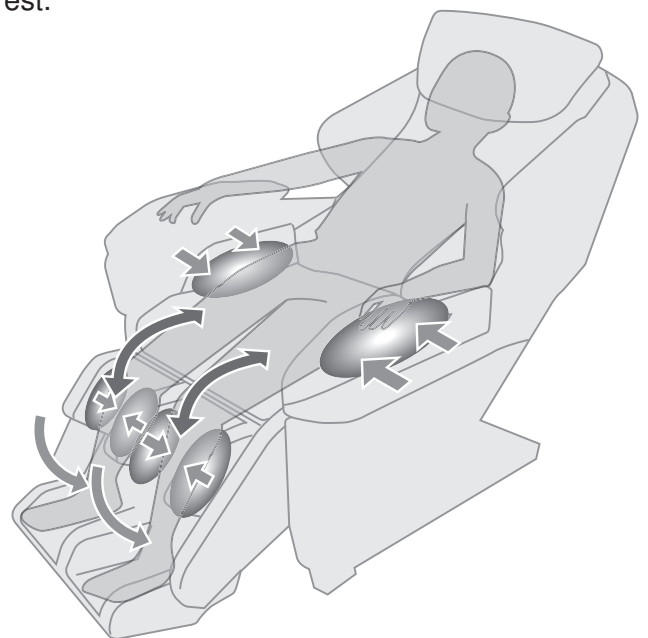
## Operation of the HIP stretch

Muscles are loosened by widely twisting and swaying around your pelvis.



## Operations of the LEG stretch

Legs are stretched by clamping on the sides of your thighs and legs/soles and lowering the leg rest.



● Sole massage section might hit the floor etc. when the LEG stretch is performed with the sole massage section having been slid out to extend.

# When you want to adjust the reclining angle and/or leg rest

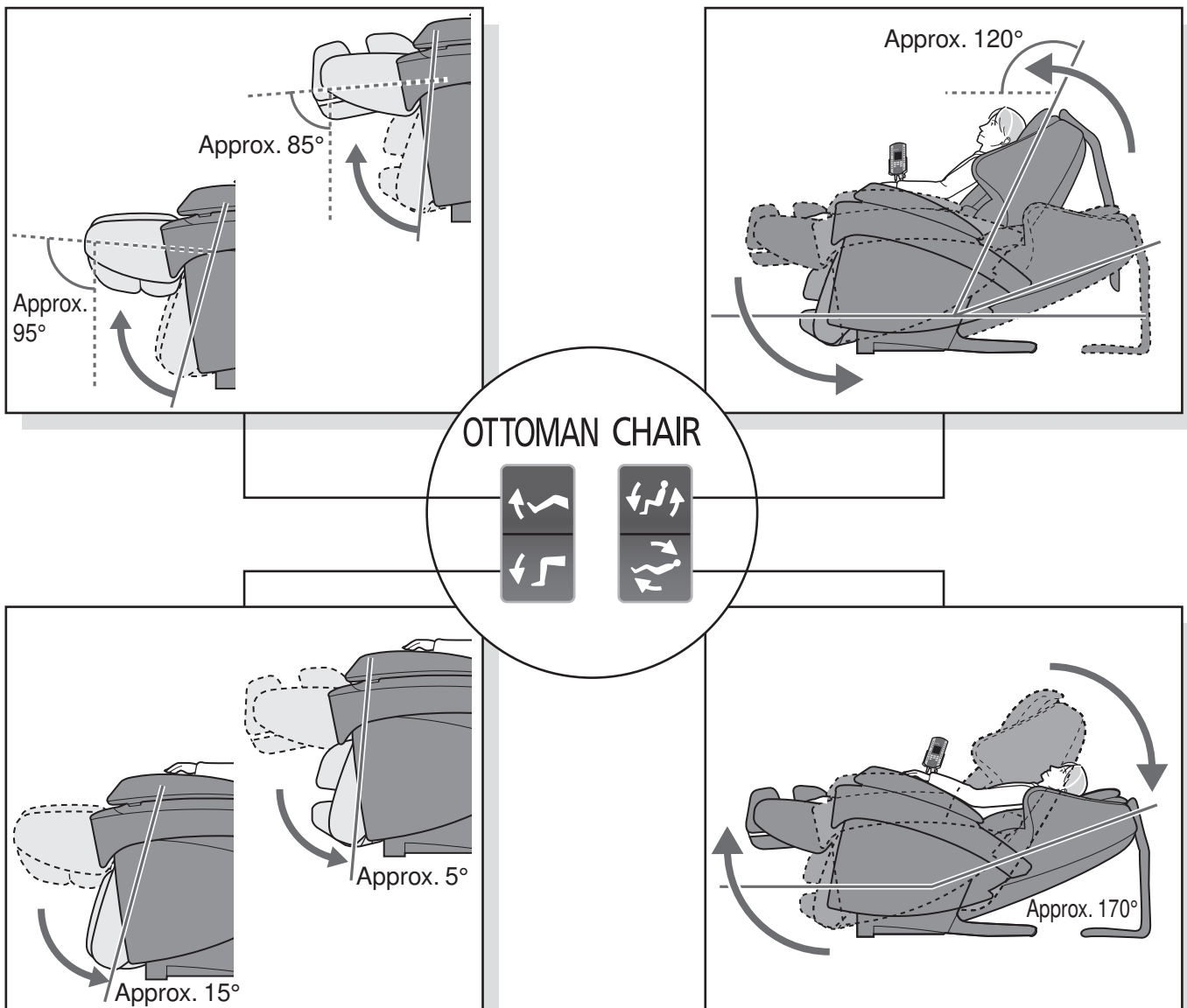
**1** Press  to turn on the power.

(When not massaging, the power is turned off automatically if 3 minutes or more pass without operation.)

OTTOMAN CHAIR

**2** Press   to adjust the angle.

- Movement will continue until a “beep-beep-beep” sound is heard if the buttons are held down.
- The movement of the leg rest may be delayed slightly.
- Armrest will move in accordance with the reclining of the backrest.

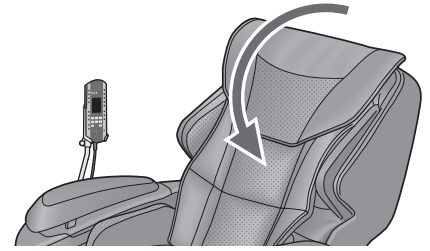


- Do not raise or lower the backrest and/or leg rest repeatedly for any purpose other than adjusting to your preferred positions.

# After completing the massage

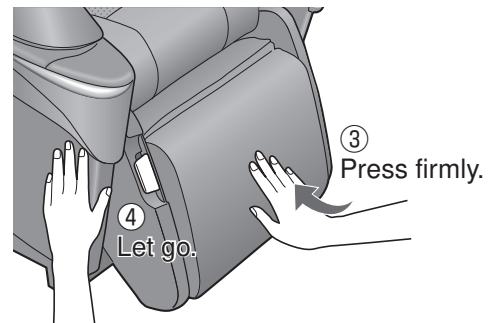
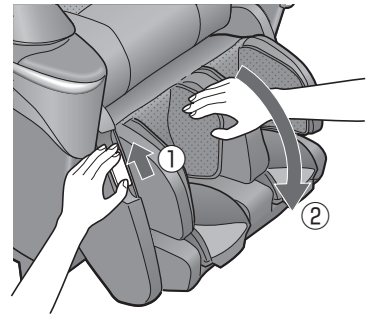
## Returning to normal chair position

**1** Hang the comfort cushion on the backrest.



**2** Store the leg rest.

- ① While raising the leg rest rotation lock release lever in the direction of the arrow.
- ② Rotate from top.
- ③ Rotate until it stops rotating.
- ④ Let go of the leg rest rotation lock release lever.
- ⑤ Check that the leg rest does not rotate.



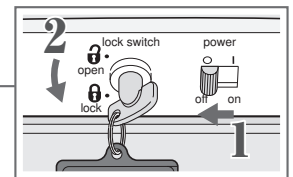
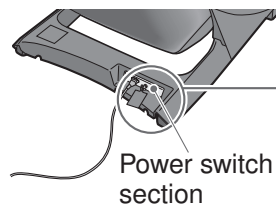
### WARNING

- Sit on the unit after confirming there is no foreign matter between the parts of the unit. (Confirm that there are no foreign objects stuck in the comfort cushion, leg rest or hand & arm massage section.) Sit down and ensure that the leg rest is properly locked in place. Failure to observe this precaution may result in accident or injury.

## Disconnecting the power

**1** Slide the power switch to the “off” position.

**2** Turn the lock switch key to the “lock” position and remove it.



### WARNING

- After each massage, slide the power switch, which is located on the right side of the chair, to the “off” position and turn its lock switch to the “lock” position and remove the key and power plug.

**3** Remove the power plug from the electrical outlet.



**4** The lock switch key must be stored out of the reach of children.




## Timer function

**The massage will complete automatically approximately 16 minutes after the starting the operation.**

- Sole massage section will retract, and the leg rest will be lowered automatically so you can stand up safely.

Sole massage section will not retract all the way when the sole massage section is extended out, since it will hit the floor.  
Raise your legs to retract all the way.

- Backrest will not rise automatically.
- The massage heads move to the retracted position.

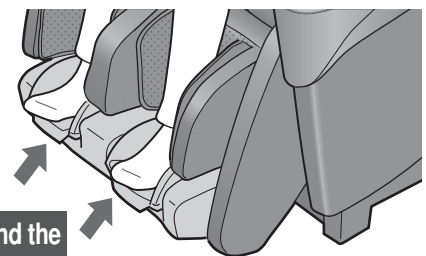
Backrest will rise by pressing  twice.



## Interrupting the massage

**Return the sole massage section to the original position and then press .**

- The massage heads move to the retracted position.
- The leg rest lowers and the backrest raises automatically. (The backrest will move after the massage heads retract.)



Lift your soles slightly and the sole massage section returns.

## If you experience any problems

**Press .**

- All operations will stop immediately.
- Get off the unit carefully not to fall.



# Cleaning and maintenance

## Areas covered with synthetic leather

**Wipe these areas with a soft, dry cloth.**

- Never use chemicals such as thinner, benzene, alcohol, etc.
- When using the commercially available leather-care products (wipes), follow its instructions.
- If the synthetic leather is particularly dirty, wipe it in the following manner.
  - ① Soak a soft cloth in water or a 3% to 5% solution of mild detergent (such as dish detergent) and wring it out thoroughly.
  - ② Dab the surface with the moistened cloth.
  - ③ Rinse the cloth in water, wring it out thoroughly, and then wipe any remaining detergent from the surface.
  - ④ Wipe the surfaces with a soft, dry cloth.
  - ⑤ Allow to dry naturally.
- If it is difficult to remove dirt, soak a commercially available Melamine foam sponge in mild detergent (such as dish detergent) and wipe the unit with it.
- Do not use a hair dryer to dry the surface more quickly.
- Since colors may transfer from clothing to the synthetic leather surface, be careful when using the unit with clothing such as jeans or colored clothes.
- Do not allow these areas to come in contact with plastic for extended periods of time as this may lead to discoloration. Also, if you use any kind of lotion, gel or cream for your hair, place a towel or some other cover over the area of contact.



## Plastic area

**1 Wipe the unit with a cloth moistened with mild detergent (such as dish detergent) and thoroughly wring out the cloth.**

- Never use chemicals such as thinner, benzene, alcohol, etc.

**2 Wipe the unit with a cloth moistened with plain water and thoroughly wring out.**

- Make sure to wring tightly before wiping the controller.

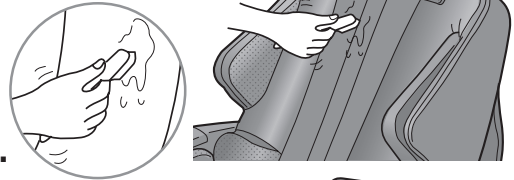
**3 Allow the unit to dry naturally.**



## Seat fabric

### 1 Wipe the unit with a cloth moistened with mild detergent and thoroughly wring out.

- Never use chemicals such as thinner, benzine, alcohol, etc.



### 2 Use water or a mild detergent and brush on areas where the seat fabric is particularly soiled.

- Be careful not to brush the fabric too much to avoid damage.



### 3 Wipe the unit with a cloth moistened with plain water and thoroughly wring out.

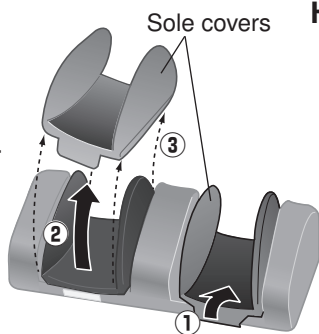
### 4 Allow the unit to dry naturally.

- Since color may transfer from clothing to the seat fabric, be careful when using the unit with clothing such as jeans or colored clothes.

## Sole covers: can be removed and washed.

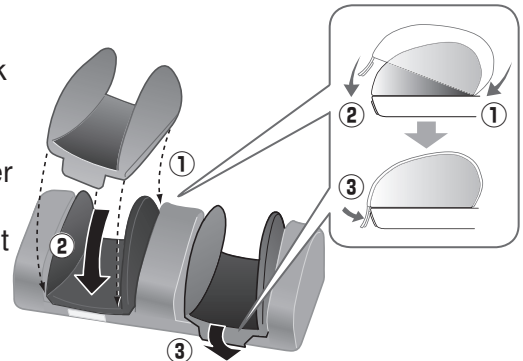
### How to remove

- 1 Remove the front fastener.
- 2 Lift out the covers on either side from the front.
- 3 Hold the back and pull out.



### How to attach

- 1 Attach the back to the catch.
- 2 Attach the covers on either side.
- 3 Fasten the front fastener.



## Precautions when washing

(Laundry information)



### Hand washing

(please do not use a washing machine)

- Use a net when washing.

- 1 Soak in water cooler than 30 °C and wash by gently pressing.

Caution

- Never rub or wring while washing.
- Never use detergents with bleaching agents, as these cause the color to fade.
- Wash separately from other items, as the color leaches easily.



- 2 Rinse thoroughly.

- 3 Remove excess water by pressing gently.

Caution

- Never wring, as this damages the fabric and breaks the fibers.

- 4 Gently smooth out any wrinkles and hang up to dry.

Caution

- Never dry in the sun, as this causes the fabric to shrink or fade.
- Hang up to dry immediately, as the color bleeds onto other items easily.

### Remove any wrinkles by ironing after washing.

(Precautions for ironing)



Place a cloth over the top and iron at a medium heat no higher than 160 °C.

### Dry cleaning

Ask your dry cleaner to take the following precautions during (oil type) dry cleaning to prevent damage to the fabric.

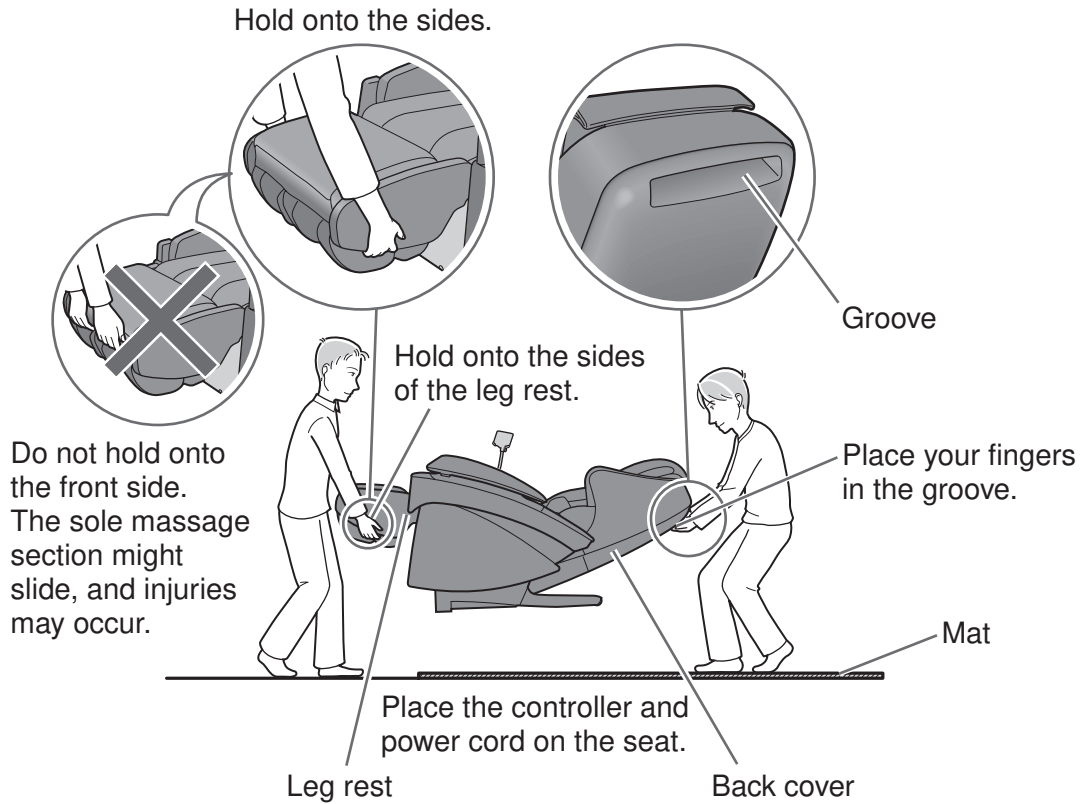
- Be sure to use a net.
- Perform soft washing and do not use a tumble dryer.



# Moving the unit

## Moving by lifting it with 2 or more persons

Move the unit with 2 or more people in front and back of the unit holding on the side of the leg rest and the groove on the back cover of the backrest.



\* You may damage the floor by dropping the unit if you do not hold it correctly.  
Never carry by the armrest, because it may get damaged.

### To put the unit down on the floor

- Put the unit down slowly and carefully watch your step.
- Put down the leg rest by holding it with your hands until it has been set on the floor completely. If you release your hands before the leg rest is fully extended, the leg rest will forcefully return to the initial position.